

Working memory, processing speed, and set-shifting in children with developmental coordination disorder and attention-deficit-hyperactivity disorder

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It has been suggested that the high levels of comorbidity between attention-deficit-hyperactivity disorder (ADHD) and developmental coordination disorder (DCD) may be attributed to a common underlying neurocognitive mechanism. This study assessed whether children with DCD and ADHD share deficits on tasks measuring working memory, set-shifting, and processing speed. A total of 195 children aged between 6 years 6 months and 14 years 1 month (mean 10y 4mo [SD 2y 2mo]) were included in this study. A control group (59 males, 79 females), a DCD group (12 males, six females), an ADHD-predominantly inattentive group (16 males, four females), and an ADHD-combined group (15 males, four females), were tested on three executive functioning tasks. Children with DCD were significantly slower on all tasks, supporting past evidence of a timing deficit in these children. With few exceptions, children with ADHD did not perform more poorly than control children. These findings demonstrate the importance of identifying children with motor deficits when examining tasks involving a timing component.

Executive functioning has been extensively examined in children with attention-deficit-hyperactivity disorder (ADHD) and disrupted executive functioning has been implicated as a cause of ADHD.¹ However, as Oosterlaan et al.² note, ADHD is often comorbid with other disorders, and there is very little research on executive functioning deficits in these disorders. For example, in around 50% of cases, children with ADHD have been diagnosed with comorbid developmental coordination disorder (DCD),³ but few studies have examined executive functioning in children with DCD. It may be that a common underlying neurocognitive mechanism such as executive functioning may be responsible for comorbidity between children with ADHD and DCD.

The Diagnostic and Statistical Manual of Mental Disorders 4th edn⁴ (DSM-IV) defines ADHD as 'a persistent pattern of inattention and/or hyperactivity-impulsivity that is more frequently displayed and more severe than is typically observed in individuals at a comparable level of development' (p 85). The current version of the DSM-IV describes three subtypes of ADHD: predominantly inattentive (ADHD-PI), predominantly hyperactive-impulsive (ADHD-HI), and combined (ADHD-C). A number of executive functioning deficits have been identified in children with ADHD. Houghton et al.⁵ identified deficits in inhibition, planning, and set-shifting in children with ADHD-PI and ADHD-C, and found no significant difference between these two subtypes. A similar result was found by Chhabildas et al.,⁶ who examined processing speed, vigilance, and inhibition in all three subtypes. They found that children with ADHD-PI and ADHD-C were impaired on all measures and produced similar profiles, whereas ADHD-HI performance did not differ from controls, and concluded that symptoms of inattention, not hyperactivity/impulsivity, accounted for the deficits in executive performance.

The DSM-IV defines DCD as an impairment of motor coordination that interferes with an individual's daily life and academic achievement, which has not resulted from an intellectual disability, a pervasive developmental disorder, or a general medical condition. The motor deficits have been attributed to perceptual problems such as poor visuospatial processing abilities, cross-modal integration, and kinaesthetic processing,⁷ and deficits in speed of performance.⁸

Recently, executive functioning was examined in children with movement difficulties.⁹ Using a modified go/no-go task,¹⁰ we found no evidence of poor response inhibition in children with DCD. However, a link was found between poor motor performance and poorer performance on tasks involving working memory. Although children with movement problems could accurately perform a trail-making/memory updating task¹¹ (TMUT), they performed this task more slowly. It was suggested that this performance was related to a timing deficit, possibly due to a disruption in cerebellar function which has been implicated previously in children with DCD.¹²

As the term suggests, working memory retains information needed for a current activity or goal.¹³ Baddeley developed a three-component model of working memory.^{13,14} It comprises a central executive linked with a phonological loop (a verbal storage system) responsible for speech-based information, and a visuospatial sketchpad (visual storage system) which utilizes visual images. As children with DCD have been identified with a deficit in visuospatial organization⁷ and, in particular, visual movement imagery,¹⁵ it appears that poor visuospatial processing may be associated with poor working

See end of paper for list of abbreviations.

memory performance.

An important aspect of working memory is attention, as this is required to hold information in working memory as it is rehearsed. According to Baddeley's model,¹⁴ the central executive is more of an attentional system than are the other two storage components. It appears that it is this aspect of working memory that is affected in children with ADHD, particularly those with symptoms of inattention. This would account for the findings of Chhabildas et al.,⁶ linking inattentive symptomatology to neuropsychological impairment.

The aim of the current study was to investigate the neuropsychological processes of working memory, set-shifting, and processing speed in children with DCD or ADHD. Based on Baddeley's model¹⁴ and the findings of our earlier study,⁹ children with ADHD were expected to produce more errors and perform more poorly than children with DCD due to a disruption in the central executive component that relates to an attentional system. Given the poor visuospatial ability of children with DCD, these children should be slower on the tasks but still be able to solve them. This is also based on findings of a strong relationship between visuospatial working memory component and perceptual speed.¹⁶ Working memory was investigated using a goal neglect task (GNT) and a TMUT. A visual inspection time task was included to investigate processing speed and set-shifting, a process that has not previously been investigated in children with DCD.

Method

PARTICIPANTS

A total of 195 children aged between 6 years 6 months and 14 years 1 month (mean age 10y 4mo [SD 2y 2mo]) were involved in this study. There was one large group of 138 typically developing children who were recruited from 42 schools in the Perth metropolitan region. These schools represented the distribution of academic achievement within the state of Western Australia. There were also three diagnostic groups. All children in the ADHD groups were recruited from schools whose records indicated that children had been previously diagnosed by paediatricians who were managing their current treatment. The children in the DCD group had been previously diagnosed by staff in the professional agencies from which these children were recruited, or identified by special education teachers (recruited from primary schools) as meeting the DSM-IV criteria for DCD. Diagnoses were confirmed in all children prior to testing. Children who obtained a score of more than 17 on the Strengths and Weakness of the ADHD-symptoms and Normal-behavior¹⁷ (SWAN) inattentive scale were assigned to the ADHD-PI group ($n=20$), and children who scored more than 17 on both the hyperactive/impulsive and inattentive scales

were assigned to the ADHD-C group ($n=19$). Children were assigned to the DCD group ($n=18$) if they scored below the fifth centile on the Movement Assessment Battery for Children¹⁸ (MABC), indicating the presence of motor problems. No comorbid condition was identified in any of the groups. In the ADHD-PI group, there were nine children on dexamphetamine, six on methylphenidate, and five who were not on any medication. In the ADHD-C group, 10 were on dexamphetamine, seven on methylphenidate, and three unmedicated. Parents were requested to withhold medication, which allowed a wash-out period of at least 18 hours, consistent with previous research.²

The number of children of each sex in each group, and their mean, standard deviation (SD), and range of age are provided in Table Ia. Univariate analysis of variance (ANOVA) indicated that there were significant age differences between groups, $F(3,191)=3.757$, $p=0.012$. Pairwise comparisons showed that the DCD group was younger than the other three groups ($p<0.05$).

Prorated full-scale IQ scores based on four subtests of the Wechsler Intelligence Scale for Children²³ (WISC-III) are shown in Table Ib. Children who had an estimated full-scale IQ <80 were excluded from the study. A univariate ANOVA showed that there were significant group differences, $F(3,191)=9.95$, $p<0.01$. Pairwise comparisons found that IQ for the control group was significantly higher than for each of the other three groups. No other group differences were found.

EXECUTIVE FUNCTION MEASURES

The GNT¹⁹ assesses the ability of children to devise and react to goal-directed plans. The participant, after learning and understanding a task, is required to ignore this previously learned task to enable an alternative goal to be accomplished. The task consists of multiple presentations of pairs of numbers or letters on the right and left of a set fixation point on the computer screen. Participants are initially requested to verbally identify the stimuli presented on either the left or right of the fixation point. Trials are either switch trials (indicated by a plus [+] symbol) requiring the participant to start reading stimuli presented on the opposite side of the computer screen, or stay trials (indicated by a minus [-] symbol) signalling that the participant is to continue reading stimuli from the current side.¹⁹ Six stay and six switch trials are presented during the task, consisting of 10 pairs of stimuli, followed by a plus or minus symbol, followed by the presentation of three additional pairs of stimuli. To pass a trial, the participant must identify more stimuli presented on the correct side, both before and after the presentation of the switch/stay

Table Ia: Demographic details for each group. Number of males and females, and age, mean, standard deviation, and range (in y:mo) for each group

Group	Males	Females	Total	Age range	Mean age	SD
Control	59	79	138	6:8–13:11	10:4	2:2
DCD group	12	6	18	6:6–13:1	8:10	2:0
ADHD-PI group	16	4	20	7:0–13:3	10:10	1:9
ADHD-C group	15	4	19	6:10–14:1	10:8	2:3

DCD, development coordination disorder; ADHD, attention-deficit-hyperactivity disorder; PI, predominantly inattentive; C, combined.

Table Ib: Demographic details for each group. Full-scale IQ score for each group

Group	Mean	SD	Range
Control	114.41	12.40	84–138
DCD group	101.39	14.59	80–127
ADHD-PI group	102.98	17.03	80–142
ADHD-C group	105.38	12.40	85–139

DCD, development coordination disorder; ADHD, attention-deficit-hyperactivity disorder; PI, predominantly inattentive; C, combined.

symbol, than those on the incorrect side.¹⁹ The number of correct trials (out of a possible 12) is recorded.

The TMUT is a simplified version of that devised by Rabbit,¹¹ and assesses behavioural inhibition and working memory. This task consists of the presentation of a target set (i.e. the letters A, B, C, and D), with the actual target presented being an ordered rotation of these four letters (i.e. A presented first, followed by B, then C, then D, then back to A again). Participants must differentiate if: (1) the letter presented on the computer screen is a member of the target set (i.e. A, B, C, or D) and (2) if it is the current target (e.g. B if A has just previously been presented). Participants are required to complete two trials comprised of 120 stimulus presentations, including 20 presentations of the target stimuli, and respond by pressing the blue button when target stimuli are presented and the red button for all other stimulus presentations.⁹ Scores include the mean time (MN), SD, and the number correct (NC) out of 20.

The visual inspection time (VIT) task is a line-length discrimination task designed to assess visual inspection time,²⁰ i.e. the shortest exposure time required by a participant in order to correctly discriminate the stimulus.²¹ It requires the child to press, as quickly as possible, a blue key if two lines are the same length, and to press a red key if they differ in length. The task comprises 120 stimulus presentations, and there were two trials (CRT1 and CRT2). In the second trial, the set-shift trial, commands are reversed as the child needs to press a blue key if the two lines are different and the red key if they are the same length. This task yields four scores for each trial: VIT, the reaction time to correct responses (RTcr) only, and the reaction time to incorrect responses (RTicr). Longer latencies are anticipated in the second trial as a result of the 'switch cost'.²²

SCREENING MEASURES

Full-scale IQ was estimated using the vocabulary, information, block design, and picture completion subtests of the WISC-III.²³ The WISC-III has demonstrated adequate internal validity, for all of the utilized subtests (information $r=0.84$, vocabulary $r=0.86$, picture completion $r=0.77$, and block design $r=0.87$) exhibiting high reliability coefficients for this age group.²³

The SWAN scale assesses the presence of ADHD symptoms of hyperactivity/impulsivity and inattention in the general population.¹⁷ The scale consists of 18 items derived from the rewording of ADHD inattentive and hyperactive/impulsive symptoms from categorical items listed in the DSM-IV into dimensional questions (e.g. Does this child often fail to give close attention to detail and make careless mistakes?). Items are scored on a 7-point scale from -3 (far above average) to +3 (far below average) thereby being representative of variations in the general population.¹⁷ Factor analyses carried out by Swanson et al.¹⁷ found that the 18 items of the SWAN load on two factors reflecting ADHD DSM-IV criteria, namely inattentive and hyperactive/impulsive symptoms, which account for 87.87% of the variance. The SWAN rating scale has been found to identify accurately the bottom 5% of extreme cases, specifically those that meet the diagnostic criteria for the three ADHD subtypes.¹⁷

The MABC¹⁸ is a standardized measure of motor functioning commonly used to identify motor disabilities in children aged 4 to 12-plus years. This test measures three aspects of

motor control, namely ball skills (two tests), manual dexterity (three tests), and static and dynamic balance (three tests). Children who score below the 5th centile are identified as having motor coordination problems, with those scoring below the 15th centile identified as at risk of having motor problems.¹⁸ The averaged percentage agreement scores for the three age bands (tested two weeks apart) were 97%, 91%, and 73% respectively. The validity of the MABC was determined through comparison with the Bruininks-Oseretsky Test that measures motor control within normal ranges.¹⁸

PROCEDURE

This project was approved by the Human Research Ethics Committee at Curtin University of Technology, and adheres to the ethical guidelines set out by the National Health and Medical Research Council of Australia. Written consent was obtained from all parents, and verbal consent from all participants prior to testing. Assessment of participants was conducted in two different ways. Children in the control group aged 7 to 12 years were assessed through Project KIDS (a complete day of testing conducted at the University of Western Australia's Child Study Centre) while control children aged 6 years or 12 to 14 years were assessed at their primary or secondary school. Further details of this sample can be found in a study by Dyck et al.²⁴

Children in the ADHD groups were recruited from schools via principals forwarding project information to parents of students with a known diagnosis of ADHD. They were then assessed with the SWAN rating scale and assigned to either the ADHD-PI or ADHD-C based on their scores on the inattentive and hyperactive/impulsive scales of this measure. Children in the DCD group were recruited from school teacher and occupational therapist referrals, and the MABC was administered.

All executive functioning measures were computer generated. All participants were individually assessed on all measures which were presented randomly.

Results

SPSS (version 11.5) for Windows was used for all analyses. All assumptions for analysis of covariance (ANCOVA) and multiple analysis of covariance (MANCOVA) were tested and were not violated.

GOAL NEGLECT TASK

A univariate ANCOVA was used to examine the group differences on the GNT. As the scores were found to significantly correlate with age ($r=0.626$, $p<0.001$) and full-scale IQ ($r=0.313$, $p<0.001$), but not sex, these variables were covaried. There was a significant group effect, ($F(3,189)=3.893$, $p=0.011$, $\eta^2=0.057$). Pairwise comparisons showed that the DCD group (mean 4.67, SD 3.50) produced significantly less successful trials than the control (mean 8.56, SD 2.97; $p=0.002$), ADHD (I; mean 8.85, SD 3.13: $p=0.002$), and ADHD (C; mean 8.37, SD 3.19: $p=0.014$) groups, which did not differ significantly from one another.

TRAILMAKING/MEMORY UPDATING TASK

Means and SDs for each of the TMUT variables are given in Table II. As these variables correlated with age and IQ (see Table III), a repeated measures (2 trials) MANCOVA, with covariates of age and prorated full-scale IQ score, was used to assess

whether the groups differed on the TMUT measures. The results indicated that the groups differed on the linear combination of variables ($F(9,567)=3.75, p=0.002, \eta^2=0.056$). No significant trial or trial α group interaction was found. Analysis of the univariate tests revealed significant group differences for MN ($F(3,189)=8.101, p=0.004, \eta^2=0.114$), SD ($F(3,189)=3.508, p=0.016, \eta^2=0.053$), but not NC ($F(3,189)=1.749, p=0.159, \eta^2=0.027$). Pairwise comparisons revealed that for MN, the DCD group was significantly longer than all other groups ($p<0.01$). For SD, the DCD group was significantly larger than all groups ($p<0.05$) except ADHD(I) which did not differ from any of the groups.

VISUAL INSPECTION TIME

Means and SDs for measures on the VIT task for the four groups are given in Table IV. As age and IQ were found to correlate with these variables (see Table V), a repeated measure (2 trials) MANCOVA, with covariates of age and prorated full-scale IQ score, was used to assess whether the groups differed on this task. The results indicated that the groups differed on the linear combination of variables, $F(9,564)=4.748, p=0.003, \eta^2=0.070$. There was also a significant trials effect, $F(3,186)=7.446, p=0.003, \eta^2=0.107$, but no group \times trials interaction, $F(9,564)=1.278, p=0.246, \eta^2=0.020$. Analysis of the univariate tests revealed significant group differences for VIT ($F(3,188)=3.806, p=0.011, \eta^2=0.057$), RTcr ($F(3,188)=7.499, p=0.009, \eta^2=0.107$), and RTicr ($F(3,188)=4.878,$

$p=0.003, \eta^2=0.072$). Pairwise comparisons revealed that for all of these measures, the DCD group was significantly slower than the other groups. Also, for the RTicr, the ADHD-C group was significantly faster than the control group. For the trials, the VIT was significantly faster in trial 1 than trial 2, as would be expected $F(1,188)=22.182, p=0.005, \eta^2=0.106$.

It could be argued that the differences found between groups for the RT measures were the result of the VIT difference which is a component of the RT. That is, the additional time to produce the motor response did not differ between groups. In order to investigate this, two additional MANCOVAs were conducted (one for each trial) where RTcr and RTicr were examined with VIT as a covariate (along with full-scale IQ and age). A significant group effect remained for both trial 1, $F(6,376)=2.965, p=0.008$, and trial 2, $F(6,376)=4.773, p=0.001$. Pairwise comparisons revealed that the DCD group was significantly slower on both trials than the other groups for RTcr when VIT was used as a covariate. No other significant pairwise differences were found.

Discussion

Several aspects of executive functioning were investigated in children with either DCD or ADHD using a number of well-recognized measures of executive functioning. Children with DCD performed significantly poorer than the control and the ADHD groups on all three tasks examined. The performance deficits of children with DCD were of the same

Table II: Means (standard deviations) for trail-making/memory updating task variables

Variable	Trial	Group			
		Control	DCD	ADHD-I	ADHD-C
Mean time (ms)	1	590.92 (147.06)	846.49 (246.86)	584.07 (138.78)	544.27 (134.92)
	2	534.27 (131.63)	728.05 (197.27)	587.33 (208.43)	523.75 (124.35)
SD (ms)	1	233.69 (94.15)	345.71 (113.10)	244.02 (90.95)	229.64 (88.54)
	2	215.89 (87.49)	308.05 (87.76)	254.56 (136.45)	236.22 (78.89)
Number correct	1	18.94 (0.92)	18.97 (0.56)	19.24 (0.57)	19.26 (0.55)
	2	18.78 (1.49)	19.13 (0.59)	18.99 (0.71)	18.89 (0.82)

DCD, developmental coordination disorder; ADHD, attention-deficit-hyperactivity disorder; I, impulsive; C, combined.

Table III: Correlations between age and prorated full-scale IQ for trail-making/memory updating task variables

Variable	Trial	Age	Prorated full IQ
Mean time (ms)	1	-0.569 ^b	-0.182 ^a
	2	-0.647 ^b	-0.262 ^b
SD (ms)	1	-0.566 ^b	-0.218 ^b
	2	-0.559 ^b	-0.270 ^b
Number correct	1	0.382 ^b	0.022
	2	0.189 ^b	0.031

^a $p<0.05$; ^b $p<0.01$.

Table IV: Means (standard deviations) for visual inspection time task

Variable	Trial	Group			
		Control	DCD	ADHD-I	ADHD-C
VIT (ms)	1	65.53 (52.90)	106.78 (91.03)	66.70 (27.26)	55.32 (17.81)
	2	130.39 (97.94)	284.33 (315.31)	134.30 (63.69)	169.37 (87.50)
RT for correct trials (ms)	1	946.49 (197.26)	1214.78 (413.73)	946.85 (238.31)	889.79 (186.30)
	2	1005.99 (185.65)	1322.56 (220.07)	1030.95 (235.32)	1007.26 (316.97)
RT for incorrect trials (ms)	1	1026.93 (310.95)	1234.95 (561.52)	960.60 (371.29)	850.16 (188.75)
	2	1029.45 (247.99)	1369.11 (287.02)	1002.80 (412.42)	938.37 (361.79)

DCD, developmental coordination disorder; ADHD, attention-deficit-hyperactivity disorder; I, impulsive; C, combined; VIT, visual inspection time; RT, reaction time.

Table V: Correlations between age and prorated full-scale IQ for visual inspection time variables

Variable	Trial	Age	Prorated full IQ
VIT (ms)	1	-0.266 ^b	-0.175 ^a
	2	-0.413 ^b	-0.220 ^b
RT for correct trials (ms)	1	-0.531 ^b	-0.197 ^b
	2	-0.251 ^b	-0.152 ^a
RT for incorrect trials (ms)	1	-0.316 ^b	-0.083
	2	-0.559 ^b	-0.187 ^b

^a $p<0.05$; ^b $p<0.01$; VIT, visual inspection time; RT, reaction time.

magnitude as their motor skills deficits: 94.9% of typical and DCD children can be accurately classified in discriminant function analyses using fine and gross motor skills scores, while 94.2% are accurately classified using VIT and TMUT scores.

For the GNT, children with DCD had significantly less correct responses. This does not support our previous study which found no significant difference between control and DCD children on the GNT.⁹ However, it should be noted that a sample of children 'at-risk' of DCD were included in the earlier paper rather than children identified with DCD (in the 5th centile of the MABC) in the current study.

The TMUT is considered to measure both working memory as well as response inhibition.¹¹ We found that children with DCD were slower on both trials and had greater variability on both, but produced no more errors than other groups. This supports our earlier study investigating children at risk of DCD.⁹ We argued that the poorer speed of performance and variability are linked to the overall timing deficit found in children with DCD. In terms of Baddeley's model,¹⁴ we would argue that because of their poorer visuospatial ability they require longer to process the information initially but can then successfully perform the task.

In the current study, children with DCD had slower VITs and produced slower RTs to both correct and incorrect responses. Discriminating between two line lengths requires accurate visual-spatial processing. Previous studies have identified that poor visual-spatial processing is a deficit associated with DCD,⁷ but not necessarily ADHD.²⁵ In contrast, slower processing speed has been found in children with DCD⁷ and ADHD,¹ and it is therefore surprising that children with ADHD did not perform more poorly on the VIT task. However, evidence has emerged that when motor ability is taken into account in children with ADHD, the processing deficit is less evident.²⁶ As expected, VIT was significantly longer on the second trial compared with the first. This was expected as the second trial was the set-shifting trial.

In examining the VIT task, we were also interested in whether the slower RT for the children with DCD was a result of processing or also the motor response to the button press, which has been implicated as the cause of RT delays in children with DCD. That is, slower processing speed in children with DCD has been attributed to a deficit in the central timing mechanisms¹² as well as output deficits associated with motor execution.⁸ In the current study, when VIT was covaried, the significant differences remained for RT to the correct responses suggesting that they made a slower response as well as taking longer to discriminate the stimulus when the task became more complex.

A further finding was that children with ADHD-C were significantly faster than control children with their RT to an incorrect response. When these children make an error it appears to be because they react too quickly, possibly due to their hyperactive/impulsive nature. It should be pointed out, however, that there was no significant difference between this group and the other groups of children with a disorder.

Apart from the finding presented above, children with ADHD did not perform more poorly than control children on the tasks. These tasks incorporate executive functioning domains of working memory, set-shifting, processing speed, and goal directed planning. This is surprising given the large body of evidence suggesting that these processes are disrupt-

ed in children with ADHD. It is possible that medication may have been a factor and the wash-out period was not sufficient to suppress the effect of the medication. However, given that children were not medicated during testing, it is unlikely that this was a major factor. Sergeant et al.²⁷ suggested that the inconsistent findings for executive functioning deficits in ADHD may reflect sample differences, in particular, whether the sample has comorbid conditions. Given the findings in relation to DCD, it is possible that some of the inconsistency may relate to comorbid DCD which has not been identified in previous studies. The other explanation is the different paradigms used to investigate executive functioning, and the problem of process specificity.²⁷ Few tasks allow specific cognitive processes to be tested. In the current study, for example, all three tasks examined several different components of executive functioning.

Conclusion

The current study supports the previous literature arguing for a processing deficit in children with DCD which is most likely linked to cerebellar dysfunction.¹² The lack of significant findings for the children with ADHD suggests the need to examine executive function in ADHD in relation to other comorbid conditions.

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List of abbreviations

ADHD	Attention-deficit–hyperactivity disorder
DCD	Developmental coordination disorder
DSM-IV	Diagnostic and Statistical Manual of Mental Disorders
GNT	Goal neglect task
MABC	Movement Assessment Battery for Children
MN	Mean time
NC	Number correct
RTcr	Reaction time to correct responses
RTicr	Reaction time to incorrect responses
SWAN	Strengths and Weakness of the ADHD-symptoms and Normal-behavior
TMUT	Trail-making/memory updating task
VIT	Visual inspection time



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